



## Family Support Services March 2010 Group Activities



**Ogle County Autism Parent Group: March 9: 6:00-8:00 PM:** The topic will be gluten/casein free diets presented by Corrina Milbrandt. Bring your favorite gluten/casein free recipes to share. Dinner will be provided. The group will meet at St. Mary's Church, 220 E. Second St. in Byron. For more information, call Patti at 815-965-6745, x218 or email at: [phobbs@eastersealschicago.org](mailto:phobbs@eastersealschicago.org)

**FREE Make-and-Take Workshop: March 9: 5:00-8:00 PM:** Come and spend time with the NIA Autism Team to develop individual visual supports for your child. This workshop will be held at the Belvidere Park District Office, 1006 W. Lincoln, Belvidere. Dinner will be provided. Registration is required and limited. To register or for more information, call Tracy at 815-965-6745, x173 or email: [tracy.mitchell@eastersealschicago.org](mailto:tracy.mitchell@eastersealschicago.org)

**Northern Illinois Down syndrome Group: March 13, 9:30-11:30 AM:** Handwriting Without Tears will be presented by Deb Klowksi. Limited childcare is by registration only. To register for childcare or for more information, call Patti at 815-965-6745, x218 or email at: [phobbs@eastersealschicago.org](mailto:phobbs@eastersealschicago.org)

**NW IL Autism Parent Group: March 18, 6:00-8:00 PM:** Social networking. Come meet other parents and learn from each other. Dinner will be provided. The group meets at ESCDC, 650 N. Main St. Limited childcare is by registration only. To register for childcare or more information, call Tracy at 815-965-6745, x173 or email at: [tracy.mitchell@eastersealschicago.org](mailto:tracy.mitchell@eastersealschicago.org)

**Rochelle Parent Group: March 16, 6:30-8:30 PM:** Learn how to put together a portfolio for your child and social networking. Dinner will be provided. The group meets at Rochelle Middle School, 111 School Avenue, Rochelle, IL. Questions? Call Cindy Belleque, parent mentor at 773-726-7620 or email [cbelleque@ocecil.org](mailto:cbelleque@ocecil.org)

**Ogle County Family Support Group: March 27, 3:30-7:30 PM:** Annual Family Fun Swim Day at Byron Park District pool located in the Byron High School, 696 N. Colfax Road in Byron. Dinner will be provided. Registration is required by calling Patti at 815-965-6745 x218 or email at: [phobbs@eastersealschicago.org](mailto:phobbs@eastersealschicago.org)

**SAVE THE DATE: April 9, 2010: Annual Family Fun Night at Carlson Ice Arena**



Community Partner